Catholic Education:

BECOMING ARTISANS *of* PEACE

"Blessed are the peacemakers, for they will be called children of God."
(Matthew 5:9)

Prayer and Activity

Peace from God

Peace from God

God’s peace is not a promise that life will be easy or that conflict will disappear. It is a gift that helps us face life’s challenges with faith, courage, wisdom and hope. We need to make space for the peace Christ offers us so we can become artisans of peace in our world.

Prayer – Peace from God

Loving God,

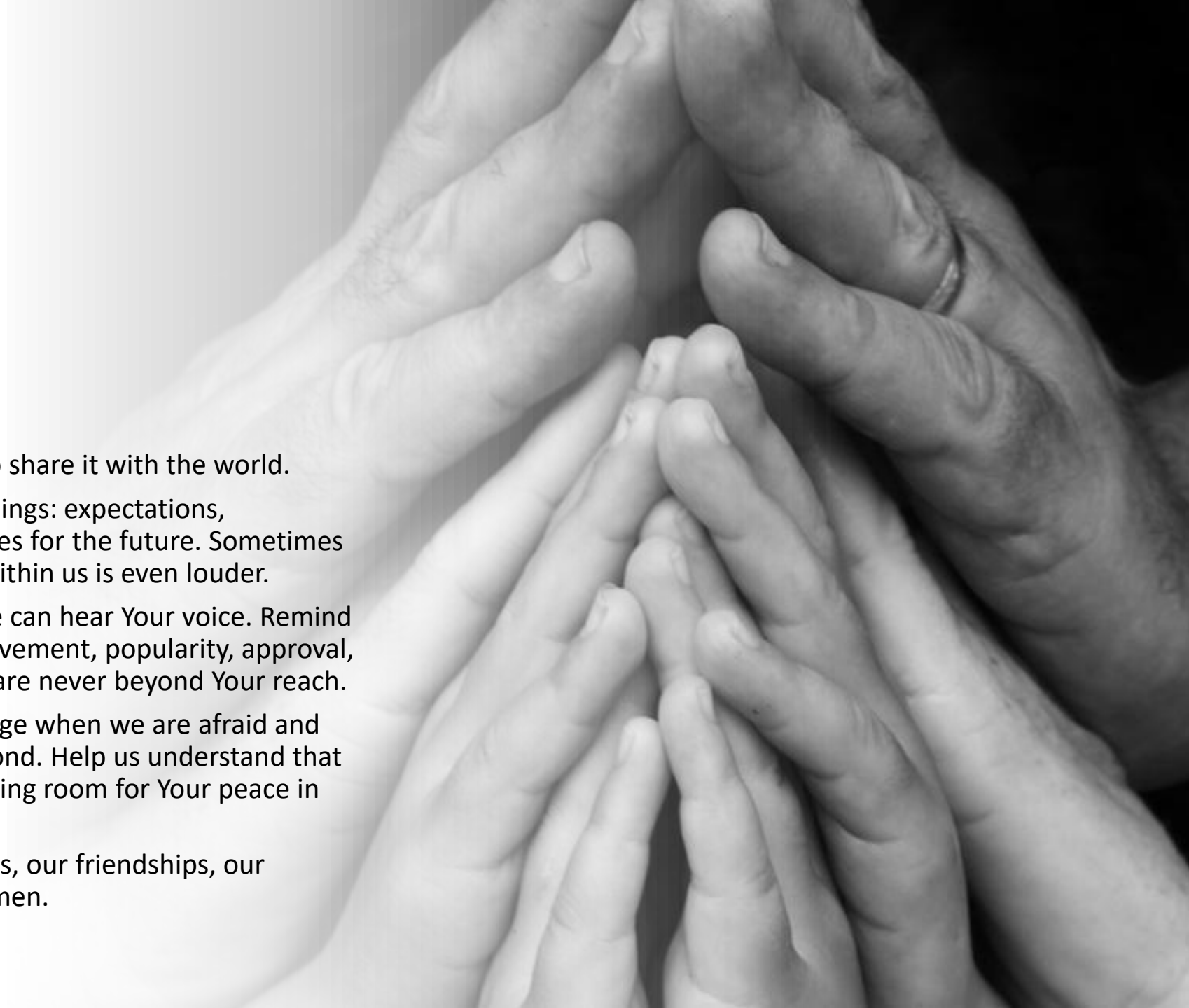
You place Your peace within us and call us to share it with the world.

We come before You today carrying many things: expectations, responsibilities, questions, worries, and hopes for the future. Sometimes the world around us is loud and the world within us is even louder.

Help us find moments of silence in which we can hear Your voice. Remind us that our worth does not depend on achievement, popularity, approval, or perfection. We are loved by You, and we are never beyond Your reach.

Give us peace when we are uncertain, courage when we are afraid and wisdom when we must choose how to respond. Help us understand that becoming artisans of peace begins with making room for Your peace in our own hearts.

May we carry Your peace into our classrooms, our friendships, our families, our communities and our world. Amen.



Reflection– Peace from God

"Peace I leave with you; my peace I give to you.
I do not give to you as the world gives." John 14:27

- What might Jesus' peace offer that the world cannot guarantee?
- Why might silence and prayer be difficult in a world of constant notifications and expectations?
- How might faith change the way we respond to stress, disappointment, or conflict?

Take a moment now, close your eyes and take a few deep breaths and listen carefully:

- I do not need to have every answer today.
- I am more than my achievements and other people's opinions.
- God knows me, loves me and remains with me.
- I can bring my worries honestly to God.
- With God's help, I can choose a response rooted in patience, courage and compassion.

Activity – Peace Reflection

Give each student a piece of paper and ask them to divide it in four sections. Ask them to label and respond to the prompt in each section:

- **What unsettles my Peace?**
  - Consider pressures, expectations, comparison, relationships, uncertainty, the constant noise of daily life.
- **What does God offer me?**
  - Reflect on God's love, mercy, presence, forgiveness, scripture, and the invitation to bring our burdens to Him.
- **How will I make room for God's peace?**
  - Identify one realistic actions: a few minutes of prayer, time away from social media, attending Mass, speaking to a trusted person, practicing gratitude, or pausing before reacting in anger.
- **When I make room for God's peace, I am better able to:**
  - Examples could be: listen instead of assuming, respond instead of react, forgive without pretending harm did not happen, stand up for someone who is excluded, speak the truth without humiliating another person, recognize when I need help and have the courage to ask for it.